Alberti Center for Bullying Abuse Prevention

Resources for Parents and Educators

Websites

Stop Bullying.gov: www.stopbullying.gov/
- Official government website for bullying awareness, prevention and intervention.

Education.com: www.education.com/topic/school-bullying-teasing/
- Provides a number of articles focused on the prevention of bullying as well as information about how to help a child who is being a bully or a victim of bulling.

Target Bullying: www.targetbully.com
- Includes information on bullying and interventions.

Bully Police USA: www.bullypolice.org/
- Designed to advocate for bullied children and provide information on state bullying laws.

Cyberbullying Research Center: www.cyberbullying.us/
- Provides information about nature, extent, causes, and consequences of cyber bullying.

Parenting.org from Boys Town: www.parenting.org
- Provides parents with information to help protect their child from bullying and to recognize when their child is bullying; online expert consultation for parents.

The Gay, Lesbian and Straight Education Network: www.glsen.org/cgi-bin/iowa/all/antibullying/index.html
- Offers information on how to address bullying and harassment, lesson plans, campaign kits and ideas, research and resources related to bully prevention.

Youth Violence Project: youthviolence.edscho.virginia.edu
- This website includes research and resources concerning effective methods for youth violence prevention and school safety; comprehensive list of online support organizations.

Evidenced-Based Programs

Organizations Identifying Evidenced-Based Programs

Blueprints for Violence Prevention - University of Colorado: www.colorado.edu/cspv/blueprints/index.html


OJJDP Model Programs Guide: www.ojjdp.gov/mpg/

U.S. Department of Education's Safe and Drug-Free Schools' Exemplary and Promising Programs
(Archived Information): www2.ed.gov/admins/lead/safety/exemplary01/panel.html

Bullying Prevention Programs Designated as Evidence-Based

Steps to Respect: A Bullying Prevention Program: www.cfchildren.org/programs/str/overview/
- Aimed at teaching elementary students to recognize, refuse, and report bullying as well as encourage pro-social behaviors such as building friendships and being assertive.

Olweus Bullying Prevention Program: www.olweus.org/public/index.page
- Universal intervention developed to promote the reduction and prevention of bullying behavior and victimization problems.

Second Step: Social Emotional Skills for Early Learning: www.cfchildren.org/programs/ssp/overview/
- Violence prevention program designed to reduce impulsive and aggressive behavior in children by increasing their social competency skills.
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Books

And Words can Hurt Forever: How to Protect Adolescents from Bullying, Harassment, and Emotional Violence (2002).
  By James Garbarino and Ellen deLara. The Free Press.
Bullying Beyond the Schoolyard: Preventing and Responding to Cyberbullying.
  By Sameer Hinduja and Justin W. Patchin. Corwin Press.
Bullying Prevention: Creating a Positive School Climate and Developing Social Competence.
Bullying Prevention and Intervention: Realistic Strategies for Schools.
Bullying: A Handbook for Educators and Parents.
Children and Bullying: How Parents and Educators can Reduce Bullying at School.
Cyberbullying.
Cyberbullying: What Counselors Need to Know.
School Violence: Fears Versus Fact.

Videos

Teaching Tolerance, Bullied: A Documentary: www.tolerance.org/bullied
  40-minute documentary film (DVD) that chronicles a student’s ordeal at the hands of anti-gay bullies and offers a message of hope about fighting harassment; includes two-part viewer’s guide with lesson plans and activities.
  P3R is a Bullying prevention curriculum that engages students in real work that is consistent with ELA and Health Education Standards. It is centered on highly authentic films made with students, for students.
Let’s Get Real: groundspark.org/our-films-and-campaigns/lets-get-real
  Includes a video and curriculum guide to allow children to speak about their own experiences with bullying; seeks to promote understanding and prevent prejudice by exploring awareness of a person’s role in society.

Local Resources for Families

Catholic Charities – 218-1400
Child & Adolescent Treatment Services Intake – 835-7807
Child & Family Services – 842-750
Prevention Focus/Teen Focus – 884-3256
Erie County Council for the Prevention of Alcohol & Substance Abuse (ECCPASA) – 831-2298
Mental Health Association of Erie County – 886-1242

Referrals for Students in Crisis

1-800-273-TALK (Suicide Lifeline)
1-866-4-U-Trevor (LGBTQ Youth Suicide Hotline)
www.crisischat.org (Text)
716-834-1144 or 1-877-KIDS-400 (Buffalo Crisis Services Hotline)
gse.buffalo.edu/alberticenter/resources